

MANUKAU PARKS

Stepping out



Te Kaunihera o
MANUKAU
City Council

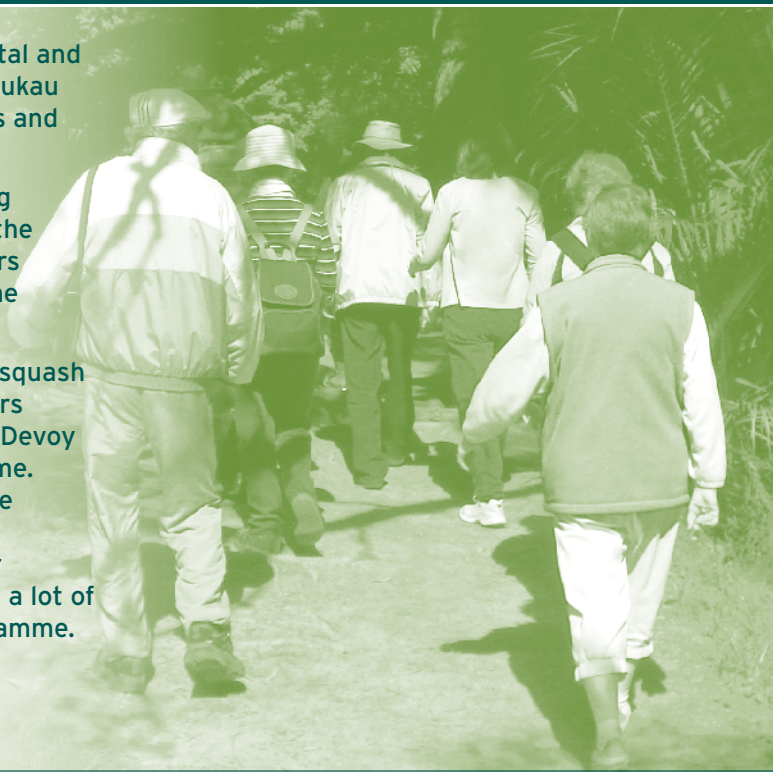
LAUNCH

Come and walk with Dame Susan Devoy to celebrate the launch of Stepping Out, organised by Manukau Parks.

Come and walk the coastal and inland tracks within Manukau while enjoying the sights and experiences they offer.

Stepping Out is a walking programme that tracks the progress made by walkers during the duration of the programme.

Former world champion squash player and Wonderwalkers co-creator, Dame Susan Devoy will launch the programme. In 1998 Susan walked the length of New Zealand, fundraising for muscular dystrophy, and will bring a lot of motivation to this programme.



www.wonderwalkers.co.nz



WHEN: Wednesday 19 November
9:30am - 11:00am

WHERE: Cascades Walkway
Meeting point: Millhouse Park,
67 Millhouse Drive, Howick

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Wednesdays 9:30-10:30am

- Nov 5** Cascades to Lloyd Elsmore, Howick
12 Murphy's Bush, Flat Bush
19 Cascades to Lloyd Elsmore, Howick
26 Kellaway/ Huntington
- Dec 3** Cascades to Meadowlands, Howick
10 Rotary Walkway, Pakuranga
17 Macleans Reserve, Pakuranga
- Jan 7** Logan Carr/ Kilkenny
14 Cascades to Lloyd Elsmore, Howick
21 Murphy's Bush, Flat Bush
28 Kellaway/ Huntington
- Feb 4** Cascades to Meadowlands, Howick
11 Rotary Walkway, Pakuranga
18 Macleans Reserve, Pakuranga
25 Logan Carr/ Kilkenny
- Mar 4** Cascades to Lloyd Elsmore, Howick
11 Murphy's Bush, Flat Bush
18 Kellaway/ Huntington
25 Cascades to Meadowlands, Howick

Fridays 9:30-10:30am

- Nov 7** Burundi Ave, Manurewa
14 Kiwi Esplanade, Mangere
21 Totara Park Bush, Manurewa
28 Wattle Downs Esplanade
- Dec 5** Kauri Point, Manurewa
12 Totara Park Trail, Manurewa
19 Burundi Ave, Manurewa
- Jan 9** Kiwi Esplanade, Mangere
16 Totara Park Bush, Manurewa
23 Wattle Downs Esplanade
30 Kauri Point, Manurewa
- Feb 6** PUBLIC HOLIDAY
13 Burundi Ave, Manurewa
20 Kiwi Esplanade, Mangere
27 Totara Park Bush, Manurewa
- Mar 6** Wattle Downs Esplanade
13 Kauri Point, Manurewa
20 Totara Park Trail, Manurewa
27 Burundi Ave, Manurewa

MEETING POINTS

- Cascades to Meadowlands:** *meet at Millhouse Park, 67 Millhouse Drive, Howick*
Cascades to Lloyd Elsmore: *meet at Millhouse Park, 67 Millhouse Drive, Howick*
Kellaway/ Huntington: *meet at Huntington Park, 30 Huntington Drive, Botany*
Logan Carr/ Kilkenny: *meet at Logan Carr Reserve, 114 Kilkenny Drive, Botany*
Macleans Reserve: *meet at the end of Eastern beach, 67 The Esplanade, Pakuranga*
Murphy's Bush: *meet at Murphy's Bush carpark, 160 Murphy's Road, Flat Bush*
Rotary Walkway: *meet at Waka Aranga Reserve, 103 Prince Regent Drive, Pakuranga*
Burundi Ave Walkway: *meet at Pitt Ave Reserve, off Palmers Road, Manurewa*
Kauri Point: *meet at 46R Carnoustie Drive carpark, Wattle Downs*
Kiwi Esplanade: *meet at the corner of Kiwi Esplanade & Coronation Rd, Mangere*
Totara Park Bush & Trail: *meet at the Wairere Road Entrance, Manurewa*
Wattle Downs: *meet at the end of Bluewater Place, Wattle Downs*

For more information, Contact (09) 262 5104 or visit www.manukau.govt.nz